Scans

• Restraining a Patient
Restraining a Patient
(1) Plan your approach to the patient in advance and remain outside the range of the patient's arms and legs until you are ready to act.

(C) Craig Jackson/In the Dark Photography
(2) Assign one EMT to each limb, and have all the EMTs approach the patient at the same time.
(3) Place the patient on the stretcher as his/her condition and local protocols indicate. Do not let go until the patient is properly secured.
(4) Use multiple straps or other soft restraints to secure the patient to the stretcher.
(5) When the patient is secure, assess distal circulation and continually monitor airway and breathing.

(© Craig Jackson/In the Dark Photography)